

OUT OF SECTOR

Victorian Masters Athletics – Throwers Group



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Newsletter – February 2008



Our best wishes for the New Year! We hope that 2008 is happy, healthy and successful for you and your families!! This edition of 'Out of Sector' has some important details and dates for the championship events that are coming up soon. Please make sure that you take note of the entry date deadlines. Some of the entry forms are attached and most are also available online.

Good luck for your endeavours!!

Coming Up Soon

Feb 3	Discus & Hammer
Feb 17	Weight Pentathlon and AGM
Feb 24	State T & F Pentathlon & Working Bee
Mar 2	State Weight Pentathlon Champs
Mar 8-9	State T & F Championships Olympic Park, Melbourne
Mar 21-24	AMA National T & F Championships Sydney
Apr 13	Weight Pentathlon
Apr 25	ANZAC Day Rasenkraft/Quadrathlon
May 4	Hammerfest / Shotarama
May 17-18	Moyston Cup
Jun 15	Shotarama / Hammerfest
Jul 13	Weight Pentathlon

😊 Welcome New Members 😊

Niki Petousis (W39)

Chris Tew (welcome back!)

Results for 2007 Annual Report

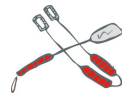
If you would like your best results for 2007 included in our Throwers Group Annual Report then please e-mail (grarose@yahoo.com) or phone (9836-2350) results to Astrid or Graeme by no later than 8th Feb. Please provide performance, date and nature of meeting where distance achieved.



Annual General Meeting



Our AGM will be held after the Weight Pentathlon on Sunday 17th February, 2008. Please make every effort to attend the meeting. Our annual report will be presented and the new committee members will be elected for 2008. Nomination forms are available from Lorraine.



Christmas BBQ & Hamper Raffle



A great afternoon of throwing and festivities was enjoyed by 23 throwers and another 22 family and friends. Our thanks go to all those who generously contributed to the hamper, sold tickets and/or helped with the organisation on the day. A wonderful effort!!

The hamper raffle and BBQ raised around \$580 for the club and the winners of the draw for the hamper and sundry prizes were:-

1. George Christodoulou
2. George Christodoulou
3. Astrid Rose
4. George Christodoulou
5. Lesley Foley
6. Jean Hamilton
7. Val Worrell
8. Victor Naismith
9. Wilma Ballantyne
10. Christine Bridle
11. Ken Readwin
12. Alwyn Harbott
13. Colin Murray-Lee
14. Kristin Henricks
15. Anna-Lisa Vinson
16. Lorraine Mussett
17. Lesley Foley
18. Astrid Rose
19. George Christodoulou
20. Christine Bridle



Ilmars Mancs Trophy



Congratulations to Christine Bridle, the winner of the coveted ILMARS MANCS trophy for 2007! We had 14 throwers who qualified to participate this time and Christine managed to spin out a great throw to take home the trophy on the day.



Working Bee - 11am-3pm - 24/2/2008



On Sunday 24th February we will be painting and checking our equipment in readiness for the up coming championships. The working bee is at Duncan Mackinnon on the same day as the State Track & Field Pentathlon champs. Please come along if you are able to help with either the working bee or with officiating for the T&F Pentathlon.



State Championships at Olympic Park



As listed above, the VMA State Track & Field Championships are to be held at Olympic Park on **March 8th & 9th**, 2008. This year the event is combined with the Athletics Victoria 40+/50+ Championships and you need to be aware that entry costs have increased. Entry fees are \$10 per event with the 4th/8th/12th event being free. So, if you normally enter 5 events, it will cost \$40 this year. Entries close on Thursday 21st February and late entries (up to Feb 28th) will cost \$20 per event.

The Throwers club will be responsible for providing officials at some events during these championships so please make yourself available if possible.



State Multi-Event Championships



The VMA Weight Pentathlon Championships are being held as usual at Duncan Mackinnon on Sunday 2nd March, 2008. An entry form is attached for your convenience and entries close on Friday 15th Feb. It is also possible to enter on the day but a late fee of \$5 will be required.

The same entry form can be used for the VMA Track & Field Pentathlon which will also be at Duncan Mackinnon the previous week on Sunday 24th February. As usual this event coincides with our working bee (noted above). We hope that those who are not competing will be able to help either officiating at the throws or with the working bee.



The Nationals



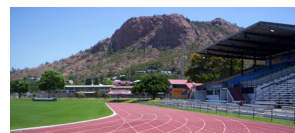
The AMA National Track & Field Championships will be held in Sydney at Easter (March 21-24), entries close on Thursday 21st February. Online entry is available via the NSW Masters Athletics website (just go to www.nswmastersathletics.org.au and follow the menu link to AMA Nationals 2008).



AMA National Postal Relays



This year the AMA is conducting a postal Relay competition where teams from around Australia may submit their distances or times during the month of February. The details and rules of the competition are available in the latest VMA News and Results publication and the throwing events included are Discus, Hammer and Shot. Come along to Duncan Mackinnon on Feb 3rd or 17th to be involved.



Oceania Championships – Townsville

The Oceania Masters championships will be held this year in Townsville from the 27th July – 3rd August. Entry forms will be available soon and more details can be found at www.athleticsnorthqld.org.au/oceania2008. What a great time of year to head north for a 'throwing holiday'!



Happy Birthday



January	Billy Binks Denis Blandy Greg Gorter George Christodoulou Lorraine Mussett Judy Pfanner Christine Schultz David Wookey
February	Beverley Hugo Niki Petousis (W40) Sharon Reynolds (W60) Stan Stankovic (M85) Wim Van Weenen Val Worrell
March	Roger Glass John Neale Bob Thomas (M65) Emily Ward Anna-Lisa Vinson Ron Wynhoven