



VICTORIAN MASTERS ATHLETICS EAST BURWOOD VENUE

PRESENTS

THE WHITEHORSE 3,000 METRES TEAMS CHALLENGE RUN IN AID OF THE CANCER COUNCIL'S "RELAY FOR LIFE"

As part of our fund raising efforts for this year's Relay For Life conducted by the Cancer Council at East Burwood on 15/16 Nov, VMA will be conducting a team's race challenge run over 3,000 metres (7 & ½ laps) at the Bill Sewart Athletic Track, East Burwood Reserve on Thursday 23 Oct 2008. The event will be held in 4 divisions with some great prizes to be won in both team and individual categories. There are separate events for males and females and the total ages of team members must fit within the limits nominated.

TROPHIES

Trophies for the team with the lowest point score in each division

Trophies for the male and female teams with the highest age graded percentages *

Medals for the fastest 3 competitors in each division

Medals for the 3 males and 3 females with the highest age graded percentages*

GREAT RANDOM PRIZES TO BE WON!

2 x Breville Coffee Makers (Value \$125ea)

3 x Major Brand 2 gigabyte Media Players (Value \$80ea)

4 x Sports Bags 4 x Bottles of Wine and more

ENTRY CONDITIONS [[Link to Entry Form . . .](#)]

Teams consist of 4 members and the team with the lowest finishing score is the winner in each division. Entry is open to all persons over 29 with a limit of 2 VMA members in any one team. There will be 2 separate divisions for both men and women with Division A having a total team age between 120 years and 189 years with no individual runner under 29 years and Division B would have a total age of 190+ years with no individual competitor under 47 years.

Team entry fee is \$64 (\$28 goes to Cancer Council, Relay For Life run). Entries to Alan Lucas, 29 McIver St, Ferntree Gully 3156 by Thursday 16th Oct 2008.

For more info Ph Alan 0424 012344, 9758 9345 or Gerald 9884 4825.

Or email lucasar@y7mail.com

*Age Graded Percentages is a system that applies factors to a performance that converts it into a comparable time as compared to the current world record making allowances for the effects of ageing.