

The 12th running of
THE LANDY TROPHY



*Rieschiecks Reserve (Melways 33, J11)
Doncaster February 14, 2011*

This event with it's unique format attracts the best Masters Athletes from all over Australia and is a great night's entertainment for non - participants.

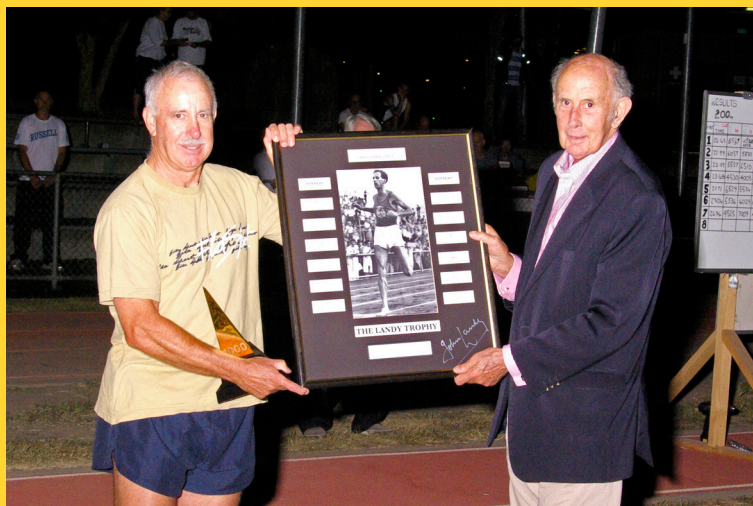
All competitors run a 200m heat followed by a 1000m heat with the top points scorers, based on finishing positions, qualifying for the finals, the Landy Trophy, the Consolation and the 'Young Guns' (under 55), over 400m. All events are run from handicaps calculated from the Age-Graded Percentage Scale.

Also being run :

The Manningham Mile, sponsored by the YMCA, features open class athletes of both genders racing under age-graded conditions with allowances both for females and for competitors Under-18 and Under-16.

and

The Doncaster Dash, of 100m, for members of Doncaster Little Athletics - combined boys and girls from age-graded handicaps.



2009 winner Bob Wishart receives the Landy Trophy from John Landy

Interstate representation for The Landy Trophy

Some of the top interstate Masters' athletes in Australia are expected to contest The Landy Trophy, to be run at Rieschiecks Reserve at Doncaster on the night of Monday, February 14.

Tasmania's two best Masters', World Championships gold medalists **Mick Stevenson** and **Alan Coleman**, have both entered and the defending champion, Queensland star **Marge Allison**, has assured organizers she will be back to defend her title.

Another who has expressed strong interest is NSW's **Peter Crombie**, who has recently returned from Monte Carlo where he received the 2010 award for World Masters' Athlete of the Year.

Crombie, a multiple world sprint champion and record holder, contested The Landy three years ago but could finish only fourth in the final after having a particularly hard run in his second-round heat. He is currently recovering from a broken ankle but is hopeful of being sufficiently fit to run in this year's event.

Canberra runner **John Lamb**, 61, who has made the past two finals, is another expected to be back for the 2011 edition while former Victorian Gary Ewart, 46, will make the trip from Darwin to compete and Tony Keeghan, 52, previously a member of Doncaster venue, will return from his new home in Brisbane to contest the event.

Stevenson, 70, is best known as a hurdler and has the remarkable record of 13 medals in hurdles events at world level, one gold, one bronze and the rest silver. Stevenson also has two world relay gold medals to his credit, as has Coleman, 62. Both are fine sprinters on the flat and have the advantage of being at the start of their age-groups.

The Landy Trophy is a heats and final event conducted from handicap marks based on the Age-Graded Percentage Scale, which makes allowance for age and gender. All runners contest two rounds of heats, over 200 metres and 1000 metres, before the top points scorers graduate to the final, over 400 metres.

The event is in its twelfth year and is generally regarded as the single most prestigious event in Masters' Athletics in Australia. It is named in honour of Australian athletics icon John Landy, the second man in the world to run one mile in less than four minutes.

Landy, a former Governor of Victoria, is patron of Doncaster and has indicated he will again be on hand to make the trophy presentations.

Two other past winners of The Landy, **Keith Howden** and **Bob Wishart**, are again expected to contest the event, as is the brilliant but unlucky veteran **Leo Coffey**, 81, who has the unenviable record of having won the Consolation final on three occasions without ever having made it into a Landy final.

Coffey's time in winning the Consolation last year was only marginally slower than Allison, 65, recorded in leading all the way to beat perennial finalist **Ron Arthur**.

This year's Landy Trophy meeting will see the reinstatement of the principal supporting event, The Manningham Mile, which is for open class middle distance runners with age-graded allowances for females and Under-18s and Under-16s.

The mile was not run last year due to a lack of sponsorship of the event, but this has now been taken over by Manningham YMCA, replacing the City of Manningham.

Another feature on the program will be The Doncaster Dash, a 100 metres event for members of Doncaster Little Athletics.

Entry forms for The Landy Trophy and The Manningham Mile can be downloaded from www.mastersathleticsdoncaster.org. or from the VMA website.

ENTRY FORM

THE LANDY TROPHY

- *Sponsored by:*
- **Qualitops, Collingwood**
- **Silverglo Australia**
- **Runners' World**
- **Melican Thain Accountants**

Rieschiecks Reserve (Melway: 33, J11)

DONCASTER, February 14, 2011

(All entrants for THE LANDY TROPHY contest 200m AND 1000m heats. 'A', 'B' and Young Guns finals)

Name (PRINT): _____ **Age (on Feb.14)** _____

T-Shirt size: SMALL – MEDIUM – LARGE*

* Delete whichever is not applicable

I understand and acknowledge that, for THE LANDY TROPHY:

- The number of contestants will be limited to 64, plus 8 emergencies.
- Sixteen runners selected by the organisers will be seeded, with the remainder of the draw being done by random ballot.
- Entries, on a 'first in' basis, *must* be accompanied by the **entry fee of \$10.**
- **ENTRIES CLOSE** with the last mail delivery on **Wednesday, February 2, 2011.** On no account will late entries be accepted FOR ANY EVENT.
- Entries for ALL EVENTS may be posted to **Landy Entries, C/o P.O. Box 271, ROSANNA, 3084,** to arrive by **Wednesday, February 2** or may be lodged with any **VMA venue manager** no later than **Friday, January 28, 2010.**
- All runners *must* run in T-shirt/singlet tops supplied by the organisers.
- Please enclose career history/highlights (see reverse side) for form guide.

I hereby declare that I am in good health and will be properly conditioned to actively participate in events at THE LANDY TROPHY meeting at the Doncaster venue of the Victorian Masters' Athletic Club Inc. on February 14, 2011. I absolutely relieve the said club and organisers of any responsibility for any injury or personal damage I may sustain in the course of competing in events organised by that branch of the VMACI. I further agree to be bound by all conditions set down by the organisers.

I enclose my entry fee of \$10 (cheques payable to 'VMA Doncaster').

(Fees for eliminated entrants will be refunded.)

SIGNED: _____ **Phone:** _____

Address: _____

e-mail: _____

VMA venue affiliation (if any): _____

OFFICE USE ONLY:

NUMBER

COLOUR

200 HEAT

1000 HEAT