

Vic.Masters Athletics.- Geelong Venue

PROGRAM - 2010

Celebrating 30 Years



VENUE: LANDY FIELD TIME : WEDNESDAY 6.00 PM

Entry fees: VMA members: \$2

Non members/Families :\$3

Concession :\$2

2007 Program	EVENT 1	EVENT 2	EVENT 3
09-Dec-09	300 m	B Cole handicap	100 m
16-Dec-09	5 km	3 km	CROSS COUNTRY
23-Dec-09	100 m	1500 m	400 m
06-Jan-10	100 m	2000 m	400 m
13-Jan-10	5 km	3 km	CROSS COUNTRY
20-Jan-10	300 m	2400 m	200 m
27-Jan-10	6 km	3 km	CROSS COUNTRY
03-Feb-10	400 m	1600 m	100 m
10-Feb-10	5 km	3 km	CROSS COUNTRY
17-Feb-10	200 m	3200 m	100 m
24-Feb-10	7 km	3 km	CROSS COUNTRY
03-Mar-10	300 m	4000 m	200 m
10-Mar-10	5 km	3 km	CROSS COUNTRY
17-Mar-10	300 m	1500 m	800 m
24-Mar-10	6 km	3 km	CROSS COUNTRY
31-Mar-10	1 hour time trial	1/2 hr time trial	15 m time trial
07-Apr-10	5 km	3 km	CROSS COUNTRY
14-Apr-10	400 m	3000 m	100 m
21-Apr-10	100 m	2400 m	400 m
28-Apr-10	300	1500 m	600 m
05-May-10	300 m	5000 -3000 m	200 m
12-May-10	KB Mile	200 m	800 m
19-May-10	100 m	3000 m	300 m
26-May-10	400 m	2000 m	100 m
02-Jun-10	300 m	4000 - 2000 m	100 m
09-Jun-10	300 m	2400 m	800 m
16-Jun-10	200 m	1000 m	400 m
23-Jun-10	100 m	2000 m	600 m
30-Jun-10	400 m	2800 m	200 m
07-Jul-10	100 m	2400 m	300 m

30 yrs

NOTES:

1. Cross country races start and finish from the south east corner of Landy Field
2. If requested, a walk will be conducted in conjunction with the longest event and recorded separately